



1st Sunday of Lent. March 10, 2019

Rev Fr. Matthew Stanley, Pastor , Fr James Okafor, Chaplain , Deacon Sunny Offorjebe, St Francis of Assisi

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Temptations: Moments of Grace or Sin?

“Jesus’ temptation reveals the way in which the Son of God is Messiah....By the solemn forty days of Lent the Church unites herself each year to the mystery of Jesus in the desert” (Catechism of the Catholic Church, # 540).

Today’s Gospel from St. Luke invites us to reflect through the examples of Jesus’ victory over his temptations on how to overcome the temptations of our lives. To be tempted is not sinful, rather it can be a moment of grace, but to allow temptation to overcome us is sinful. Jesus through his victory over his temptations was equipped with the grace to continue his ministry. As the case of Jesus’ temptations, we are always tempted through our attractions, desires, and tendencies.

The three temptations of Jesus centered on his attractions and desires (Pleasures from food, Power and Glory). Jesus was first tempted on food because the devil knew that he was hungry. Secondly, he was tempted on his primary mission of bringing all people to God by asking him to worship him so that he will give him everything; and finally he was tempted on his miraculous power because he knew that Jesus had the power. Jesus in each of the temptations used the power of the Word of God (Deuteronomy 8:3, Deuteronomy 6:13, & Deuteronomy 6:16) to refute and contradict the gimmicks of the devil. As St. Paul reminds us in the second reading today “The word is near you, in your mouth and in your heart,” the Word of God we read and listen to is meant to serve as a stronghold to us in overcoming the temptations of our lives.

As we undertake the three Cardinal Works (Prayer, Fasting, & Almsgiving) during this holy season of Lent, let them be ways through which we overcome different temptations that assail us. Let our prayers help us to overcome the temptations of doubt and lack of faith in the face of difficulties of life. Also, let our fasting and abstinence; help us to be selfless and self-giving (Isaiah 58: 1-9). Finally, let our almsgiving and charitable works, help us to be more sensitive to the pains and sufferings of people around us. By and large, let the works we undertake this season help us to turn the temptations of our lives into moments of grace. Amen.

For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are, yet he did not sin. Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need” (Hebrews 4: 15-16).

Mass Intentions: For the People of God

Other Intentions:

- The family of Chinedu Jovitus and Laurence Kelechi Nze thank God for the blessing of a triplet, who are being baptised today, for their safe delivery and for other blessings on the family, and pray that God will continue to bless and guide them throughout their lives.
- Desmond and Berna Onuoha and family thank God in this Mass for delivering family members from armed robbery attack in Nigeria, and prays for God's continued blessing, protection and guidance.
- George and Vicky Awuzie and family are thanking God for all his wonderful blessings on the family, especially the successes granted the children in their various endeavors, and praying for his continued blessings.
- Max and Nneka Okoye and family pray in thanksgiving to God for granting them safe trips to Nigeria and back, and for the successful ceremonies they had there, and praying for His continued blessings on the family.

Penitential Rite:

Onye Nwe anyi Mee Ebere

Christi Mee Ebere

Onye Nwe Anyi Mee Ebere

Liturgy Of The Word

IHE OGUGU NKE MBU: Diuteronomi 26:4-10

Ihe ogugu e wetara n'Akwukwo Diuteronomi

Mosis gwara ndi mmadu agu si: "Onye Ukochukwu ga-anara gi abo ahu, were ya doba n'ihu ebe nchuaaja Chineke gi. N'ihu Onyenweanyi bu Chineke gi, I ga-ekwupta ihe ndi a: "Nna m bu nwa onye Aramia, buuru ojemba. O jere n'Ijpt icho ebe o ga-eze ndu. Oge ahu, onu ogugu ha di so olemole. Ma ebe ahu ka ha noro mubaa, ghoo nnukwu obodo siri ike na ndi Ijpt mesoro anyi omume ojoo. Ha ekweghi ka obi ruo anyi ala. Ha jiri aka ike sogide anyi ka ohu. Mana anyi bekuru Onyenweanyi bu Chineke nke nna anyi ha. Onyenweanyi nuru olu anyi, hukwa nsogbu anyi, na ahuhu na mmebgu a na-emegbu anyi. Onyenweanyi gbatiri aka ike Ya, were menye ha oke oma jijiji, na ihe iriba ama na ihe di egwu, bia si n'Ijpt kpoputa anyi. O bu Ya dutere anyi ebe a wee nye anyi ala nke a; ala mmiri ara na mmanu juputara. Onyenweanyi, ebe a no ugbo a, ka m na-eweta mkpuru mbu nke ala I nyere m." I ga-adoba ya n'ihu Onyenweanyi bu Chineke gi, biakwa sekpuoro Dinwenu bu Chineke gi.

Okwu nke Oseburuwa

Ekele diri Chukwu

ABUOMA NA AZIZA YA: 90: 1-2, 10-15 Az.15

Aziza: Onyenweanyi, biko nonyere m na nsogbu m.

1. Onye bi na nchedo nke Onye Kacha Elu, biakwa noro n'ime udo nke Onye Ji Ike Nile, na-asi: "Onyenweanyi: Gi bu ebe mgbaba m, ebe siri ike m, Chineke m, Onye m tukwasara obi." **Aziza.**
2. Ihe ojoo agaghi adakwasi gi. Oria ogbu n'igwe agaghi erute gi. O nyela ndi Mmuo ozi Ya iwu, ka ha chekwaba gi n'uzo gi nile. **Aziza.**
3. Ha ga-apara gi n'aka, ka I ghara ikpobi ukwu gi na nkume. I ga-azokwasi odum na ajuala ukwu. I ga-eji ukwu zogbuo agu okpo, na agu iyi. **Aziza.**
4. Aga M azoputa ya n'ih i hunanya o nwere n'ebe m no. Aga M ehekwa ya n'ih na o maara aha M. Mgbe o kpokuru M, aga M aza ya si: "Anonyeere M gi". Aga M azoputa ya n'ahuhu, nyekwa ya otito. **Aziza.**

FIRST READING: Deuteronomy 26:4-10

A Reading from the book of Deuteronomy

Moses spoke to the people, saying:

“The priest shall receive the basket from you and shall set it in front of the altar of the LORD, your God. Then you shall declare before the Lord, your God, ‘My father was a wandering Aramean who went down to Egypt with a small household and lived there as an alien. But there he became a nation great, strong, and numerous. When the Egyptians maltreated and oppressed us, imposing hard labor upon us, we cried to the LORD, the God of our fathers, and he heard our cry and saw our affliction, our toil, and our oppression. He brought us out of Egypt with his strong hand and outstretched arm, with terrifying power, with signs and wonders; and bringing us into this country, he gave us this land flowing with milk and honey. Therefore, I have now brought you the firstfruits of the products of the soil which you, O LORD, have given me.’ And having set them before the Lord, your God, you shall bow down in his presence.

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM: Ps. 91:1-2,10-11,12-13, 14-15

R/. Be with me, Lord, when I am in trouble.

1. You who dwell in the shelter of the Most High, who abide in the shadow of the Almighty, say to the LORD, “My refuge and fortress, my God in whom I trust.” —**R/**.
2. No evil shall befall you, nor shall affliction come near your tent, For to his angels he has given command about you, that they guard you in all your ways. —**R/**.
3. Upon their hands they shall bear you up, lest you dash your foot against a stone. You shall tread upon the asp and the viper; you shall trample down the lion and the dragon. —**R/**
4. Because he clings to me, I will deliver him; I will set him on high because he acknowledges my name. He shall call upon me, and I will answer him; I will be with him in distress; I will deliver him and glorify him. —**R/**

IHE OGUGU NKE ABUO: Rom 10:8-13

Ihe ogugu e wetara n’akwukwo ozi mbu Paul di aso degaara ndi Rom

Akwukwo Nso kwuru si: Okwu ahu di gi nso. O di gi n’egbugbere onu. O dikwa gi n’ezi obi. Okwu ahu bu okwu nke okwukwe nke anyi na-ekwusa. N’ihi na, o buru na iji onu gi kwuputa na Jesu bu Onyenweanyi; o burukwa na iji obi gi kwere na Chineke bilitere Ya n’onwu, a ga-azoputa gi! Ibu okwukwe n’obi na-ebuba n’igunye mmadu n’onye ezi omume. Ikwuputa ya n’onu na-eduba na nzoputa. Akwukwo Nso kwuru si: “Onye kwere na Ya, ihere agaghi eme ya.” O putara na e nweghikwa ngubosi ozo n’etiti onye Juu na onye Grik. Ha dum nwere otu Onyenweanyi ahu, Onye ju-putara n’amara maka ndi nile na-akpoku Ya. “Onye o bula kpokuru aha nke Onyenweanyi a ga-azoputa ya.”

Okwu nke Oseburuwa

Ekene diri Chukwu

MBEKU: Mt.4:4

O bughi so na nri ka mmadu ji adi ndu, kama o bu site n’okwu o bula si n’onu Chineke puta.

SECOND READING: 1Corinthians 15:12, 16-20

A reading from the First Letter of St. Paul to the Corinthians:

BROTHERS and sisters: What does Scripture say? The word is near you, in your mouth and in your heart — that is, the word of faith that we preach —, for, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. For the Scripture says, No one who believes in him will be put to shame.

For there is no distinction between Jew and Greek; the same Lord is Lord of all, enriching all who call upon him. For “everyone who calls on the name of the Lord will be saved.”

The Word of the Lord
Thanks be to God

VERSE BEFORE THE GOSPEL: Matt. 4:4b

R/. Praise to you, Word of God, Lord Jesus Christ!

One does not live on bread alone, but on every word that comes forth from the mouth of God. **R/.**

OZIOMA: Luk 4:1-13

Ihe ogugu nke a si n'Ozioma di aso nke Luk dere

Ma ebe o bu Jesu juputara na Mmuo Nso, O siri na Jordan laghachi. Mmuo Nso wee duru ya baa n'ozara. O noro iri ubochi ano n'ozara; ekwensu biara nwaa Ya onwunwa. N'oge ahu, O buru onu, e righi ihe o bula. Ma mgbe oge obubu-onu ahu gasiri, aguu guru Ya. Ekwensu wee si Ya: “O buru na I bu Nwa Chineke, tie iwu ka nkume a ghoo ogbe-achicha.” Jesu zara ya, si: “E dere ya n'Akwukwo Nso, si: “ O bughi nani achicha ka mmadu ga-eri wee di ndu.’ E mesia, Ekwensu duuru Ya rigoo ebe di oke elu, were otu ntabi anya gosi Ya alaeze nile di n'uwa wee si ya: “Aga m enye Gi ike na aku na uba nile di n'uwa, biakwa nye Gi ugwueze dum di n'ime uwa, ma o buru na I ga-akporo m isiala biakwa gbuoro m ikpere ala. N'ihhi na o bu m ka e nyere ha n'aka. Onye o masiri m, m nye. Ya mere, o buru na I kporoo m isiala, uwa nile ga-abu nke Gi.” Jesu wee zaa si ya: “E deela ya n'Akwukwo Nso si: “O bu nani Onyenweanyi Chineke gi ka I ga-akporo isi ala; o bukwa nani Ya ka I ga efe.” E mesia, Ekwensu wee duru Jesu gaa Jerusalem, wee mee ka O rigoruo n'ebe di oke elu nke Ulo Nso Chineke. Ekwensu wee si Ya: “O buru na I bu Nwa Chineke, si n'elu ebe a wuda n'ala! N'ihhi na e deela ya n'Akwukwo Nso si: “Ndi Mmuo ozi Ya ka O ga-enye iwu ighota Gi!” Ozo kwa, Ha ga-ekuru Gi n'elu ubu-aka ha, ka Ighara ipiabi ukwu Gi na nkume.” Ma Jesu zara ya, si: “E kwuola ya n'Akwukwo Nso, si: “A nwala Onyenweanyi , bu Chineke gi.” Mgbe Ekwensu nwalesiri Jesu n'uzo di iche iche, o nyeturu Ya efe, na-acho ohere ozo o ga-eji nwaa Ya.

Ozioma nke Osebuluwa
Otito Diri gi Kristi

GOSPEL : Luke 6:17-16, 20-26

A reading from the holy Gospel according to Luke:

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. He ate nothing during those days, and when they were over he was hungry. The devil said to him, “If you are the Son of God, command this stone to become bread.” Jesus answered him, “It is written, One does not live on bread alone.” Then he took him up and showed him all the kingdoms of the world in a single instant. The devil said to him, “I shall give to you all this power and glory; for it has been handed over to me, and I may give it to whomever I wish. All this will be yours, if you worship me.” Jesus said to him in reply, “It is written: You shall worship the Lord, your God, and him alone shall you serve.” Then he led him to Jerusalem, made him stand on the parapet of the temple, and said to him, “If you are the Son of God, throw yourself down from here, for it is written: He will command his angels concerning you, to guard you, and: With their hands they will support you, lest you dash your foot against a stone.” Jesus said to him in reply, “It also says, You shall not put the Lord, your God, to the test.” When the devil had finished every temptation, he departed from him for a time.

The Gospel of the Lord

Praise to you Lord Jesus Christ.

Announcements:

**Remember: Igbo Catholic community online Prayer. Every Friday 8PM ~ 9PM.
Please join us if you can: Dial 605-477-2100 Access Code 870345#**

- 1 If you want your child, male or female between the age of 10 and 20, who receives Holy Communion, to be an altar server, please contact Ikechukwu Eya (408 315 7118) or Mrs. Ada Jesus Okafor (310 365 7128).
- 2 Birthdays Celebrations
- 3 Wedding anniversaries
- 4 First Attendants at our Mass
- 5 This is a gentle reminder that 2017/2018 \$20 annual dues is due. If you have not paid your dues, please contact Chief Adolf Obilor (408-223-7600) or bring it to church next Igbo Community Mass.
- 6 The CWO will have their meetings on the following dates and time this year: February 2nd, 10 am - 1 pm; May 4th, 10 am - 1 pm; August 10th (already scheduled); November 2nd, 10 am - 1 pm.

March Birthdays

Eugene Okafor	5-Mar
Chima Awuzie	6-Mar
Chime Awuzie	6-Mar
Oge Ogamba	7-Mar
Oby Okoro	7-Mar
Chidube Anudokem	8-Mar
Uchenna Onyenwenyi	9-Mar
Uchena Ogamba	11-Mar
Nestor Ochin	11-Mar
Nicholas Akinkuoye	13-Mar
Adolf Obilor	15-Mar
Chibuikem Okeke	16-Mar
Patricia Onuoha	16-Mar
Caly Hilary-Onuebgu	19-Mar
Samuel Okoro	23-Mar
Kelechi Ajawara	31-Mar

Everyday as this “ today” lasts, Keep encouraging one another – Heb. 3:13

Nigeria Igbo Catholic Community of San Jose (NICCSJ)

Members/Envelop Numbers and Family/Name

- | | |
|---------------------------------------|---|
| 01 Aidan & Celine Ogamba & family | 24 Ike & Onyinye Njoku & family |
| 02 Briggs & Ify Ogamba & family | 25 Anthony & Oby Okoro & family |
| 03 Linus & Angela Ibe & family | 26 Veronica Ajawara & family |
| 04 Ukamaka Offorjebe & family | 27 Ifeoma Ekeh & family |
| 05 Charles & Fidelia Ndekwe & family | 28 Frank & Ada Onu & family |
| 06 George & Vicky Awuzie & family | 29 Nestor & Ngozi Ochin & family |
| 07 Goddy & Angela Ikeme & family | 30 Justin & Emilia Nwokeji & family |
| 08 Ambrose Arukwe & family | 31 Edith Ajawara & family |
| 09 Desmond Onuoha & family | 32 Les & Ngozi Ajawara Silvestre & family |
| 10 Livinus & Stella Osuji & family | 33 Stephen & Maureen Awuzie & family |
| 11 Pius & Angela Nwoye & family | 34 Emeka & Molly Uzoh & family |
| 12 Valentine & Onyi Nwogu & family | 35 James & Elizabeth Onyewuenyi & family |
| 13 Eugene & Josephine Okafor & family | 36 Ike William Eya & family |
| 14 Chiemeka & Oge Nwamuo & family | 37 Michael & Mercy Egbujor & family |
| 15 Valentine & Melva Ogamba & family | 38 Ifeanyi & Ifeoma Nwachukwu & family |
| 16 Gerald & Rita Anudokem & family | 39 Adolphus & Rhoda Ajawara & family |
| 17 Emmanuel & Tonia Onuegbe & family | 40 Milly & Ijeoma Alagwu & family |
| 18 Damian & Nnena Anudokem & family | 41 Chukwudi & Chizoba Nwachukwu & family |
| 19 Patrick & Marian Ukpabi & family | 42 George & Tina Ekeh & family |
| 20 Chris & Theresa Elias & family | 43 Mawuko & Jane Nyuiadzi & family |
| 21 Adolph & Margaret Obilor & family | 44 Nkechi Anyafulu & Family |
| 22 Pauline Nzeribe & family | 45 Georgy May Mbadiwe & family |
| 23 Ebere & Agatha Ezeka & family | |

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- 46 Emmanuel Ihenacho & family
- 47 Oliver & Felicia Eke & Family
- 48 Kalu Ann & Family
- 49 Etm Eunice & Family
- 50 Alagwu Chiso D. & Family
- 51 Paul & Leona Mbonu & Family
- 52 Ikemefuna & Nkiru Nkwonta & Family
- 53 Tony & Otuosorochukwu Okwara & Family
- 54 Chike & Deffria Nwofia & Family
- 55 Pricilla Ozomaro & Family
- 56 Obinna & Ify Anya & Family
- 57 Chigozie & Chinenye Okwelume & Family
- 58 Chudi Ecomeco & Chinasa Chiuba & Family
- 59 PeaceMark & Nneka Nkwocha & family
- 60 Angelberth Chikere & Family
- 61 Nneka Chukwu & Family
- 62 Lorritta Ikekwere & Family
- 63 Ogechi Iwu & Family
- 64 Bosa Anikwenze & Family
- 65 Paul & Lilian Awuzie & Family
- 66 Ruth Ogbe & Family
- 67 Max & Nneka Okoye & Family
- 68 Chinelo Elizabeth Ezekwem & Family
- 69 Ethelda Ukah & Family
- 70 Cyril & Immaculata Umeodinka & Family
- 71 Innocent Obilor & Family
- 72 Rosemary Okoro & Family
- 73 Ifeanyi Mike Ezeh & Family
- 74 Victor Chidozie & Family
- 75 Ayala & Family
- 76 Calistus Onuegbu & Family
- 77 Kelechi Ndekwe & Family
- 78 Christian Umeh & Family
- 79 Chinedu Anyiam & Family
- 80 Emeka Nchekwube & Family
- 81 Dorathy Uzoma & Family
- 82 Anthony Obidiagha & Family
- 83 Eric & Regina Obi-Okeke & Family
- 84 Matthew & Isabela Erilim & Family
- 85 Julius & Bose Kappi & Family
- 86 Obiajulu Uwanu & Family
- 87 Uche & Edwina Orji & Family
- 88 Chukwunonyelum Akali & Family
- 89 Uche & Amarachi Osueke & Family
- 90 Uche Onyenwe & Family

2019 NICCSJ Calendar of Events

March 2019

- **Wednesday 6th**- Ash Wednesday
- **Sunday 10th**: Monthly Igbo Mass
 - Clothing & Food Drive for Lenten Day of Service
 - Collect written intentions for Novena to St. Joseph
- **Monday 11th**- Community Novena to St. Joseph begins (8.00pm-8.30pm): To be led by CMO
- **Saturday 30th**: Community Lenten Day of Service (9.00am to 1.00pm)
- **Tuesday 19th**: Solemnity of St. Joseph, husband of Mary. End of Novena to St. Joseph

April 2019

- **Friday 12th- Saturday 13th**: Parents and grand-parents' Retreat at Vallamborosa, Menlo Park.
- **Sunday 14th**: Palm Sunday Monthly Igbo Mass-Closing of parents and grand- parents' retreat at St. Francis
- **Sunday 21st**: **Easter Sunday**
- **Sunday 28th**: Second Community Quarterly Meeting

May 2019

- **Friday 3rd**: Novena to Our Lady of Fatima begins: To be led by C.W.O
- **Saturday, May 4th (10 a.m to 1 p.m.)** ---CWO Meeting – Fireside Room
- **Saturday 11th**: End of Novena to Our Lady of Fatima
- **Sunday 12th**: Mother's Day Celebration- St. Paul of Shipwreck, San Francisco.
- **Sunday 19th**: San Jose Monthly Igbo Mass @ St. Francis **MOVED TO 3RD SUNDAY**

June 2019

- **Saturday 8th**: Multi-cultural Mass of Pentecost at St. Francis of Assisi, 5pm
- **Sunday 16th**: Monthly Igbo Mass- San Jose Fathers' Day Celebration @ St. Justin Santa Clara
- **Thursday, June 27 -Sunday 30**: ICCUSA at Hayward, Oakland Diocese.

July 2019

- **Sunday 21st**: Monthly Igbo Mass- @ St. Justin, Santa Clara
Youths and Young Adults Talent/Fashion Show day;
 - Collect Intentions for Novena to Divine Mercy- Back-to-school prayers
- **Sunday 28th**: Third Community Quarterly Meeting

August 2019

- **Friday 2nd**: Beginning of the Novena to Divine Mercy: Back-to-school prayers to be led by youths & young adults
- **Saturday 10th**: End of Novena to Divine Mercy: Back-to-school prayers
- **Saturday 10th (10 am to 2 p.m.)** - General CWO August Meeting - Evergreen
- **Sunday 11th**: Monthly Igbo Mass

September 2019

- **Sunday 15th:** Monthly Igbo Mass- Biennial Harvest & Bazaar @ St. Justin Santa Clara
- **First Pastoral visit of Bishop Oscar Cantu**

October 2019

- **Saturday 5th:** Feast Day of St. Francis: Igbo Community participation in Multi-cultural Mass and reception
- **Sunday 13th:** Monthly Igbo Mass
- **Sunday 20th:** Last Community Quarterly Meeting for the year

November 2019

- **Friday 1st-** All Saints
- **Saturday 2nd-** All Souls
- **Saturday 2nd (10 am to 1 p.m.)** – Evergreen Rooms
- **Sunday 10th:** Monthly Igbo Mass
 - Announce & Distribute Novena to Immaculate Conception
- **Friday 29th:** Beginning of Community Novena to Immaculate Conception

December 2019

- **Saturday 7th:** End of Community Novena to Immaculate Conception
- **Sunday 8th:** Monthly Igbo Mass
 - Food & Clothing Drive for Advent Day of Service
 - End of Year Community Blessings
- **Saturday 14th:**
 - Community Advent Day of Service (9.00am-12.00pm)
 - Sing along with the Seniors (3.00pm-5.00pm)
 - Christmas Party (6.00pm)

****** Online Prayer: Rosary, Divine Mercy Prayer, Scripture Reading & Reflection: Call #:6417150861; Access#:870345# (Every Friday; 8.00pm to 9.00pm).**

